

PRESCHOOLER DAILY ROUTINE

7:30-8:30

Free play (reading, watercolor painting, open-ended toys, etc)

8:30-9:00

Tidy up / Circle Time (singing, dancing, nursery rhymes, puppet shows, etc)

9:00-9:30

Wash hands / Morning snack

9:30-10:00

Washroom time / Get ready for outside

10:00-12:00

Outdoor play (play in the yard, go to the park, go for a walk or hike, etc)

12:00-12:30

Washroom time / Lunch time

12:30-2:30

Nap time

2:30-3:00

Washroom time / Quiet Activities (Read books / Coloring / Play-dough, etc)

3:00-3:30

Wash hands / Afternoon snack

3:30-4:00

Get ready for outside

4:00-5:00

Outdoor Play

5:00-5:30

Washroom time / Free Play

5:30-6:00

Wash hands / Snack time



House of wonder
EARLY LEARNING CENTRE