## **TODDLER DAILY ROUTINE**

7:30-8:45

Free play (colouring, watercolor painting, open-ended toys, etc)

8:45-9:15

Tidy up / Circle Time (singing, dancing, nursery rhymes, puppet shows, etc)

9:15-9:45

Wash hands / Morning snack

9:45-10:15

Change Diapers / Get ready for outside

10:15-11:30

Outdoor play (play in the yard, go to the park, go for a walk, etc)

11:30-12:00

Change diapers / Wash hands / Lunch time

12:00-2:00

Nap time

2:00-2:30

Change Diapers / Quiet Activities (Read books / Coloring / Play-dough, etc)

2:30-3:00

Wash hands / Afternoon snack

3:00-3:30

Change Diapers / Get ready for outside

3:30-4:30

**Outdoor Play** 

4:30-5:30

Change Diapers / Free Play

5:30-6:00

House of wonder

Wash hands / Snack time